

HENNA KALĀ BY SWATHI

HENNA ART AFTERCARE

LOVE YOUR HENNA! SIMPLE SECRETS FOR LONG-LASTING DESIGNS.

KEEP IT DRY:

This is crucial! Let the henna paste dry for **20 to 40min.** Try and avoid getting your henna design wet for at least 24 hours. This includes showering, swimming, washing dishes, or sweating excessively.

Leave paste on for at-least **2-6 hours, 8 hours/overnight** is recommended.

THE GOLDEN RULE: THE LONGER, THE BETTER.

LET IT BREATHE:

Avoid covering your henna with tight clothing, cling wraps or non-permeable bandages/tapes.

HK AFTERCARE TAPE or HK SEALANT SPRAY is the best recommended option to seal your henna.

SKIP THE SOAP:

DO NOT use soap or harsh chemicals on your henna design during this time. Scrape off the dried henna with a balm or oil such as Coconut oil, Shea butter, Argon oil.

Steer clear of anything that can strip or fade your henna, like chlorine, saltwater, alcohol-based products, or harsh soaps and refrain from exfoliating on the henna stain.
(NEVER WASH HENNA OFF WITH WATER)

STAIN DEVELOPMENT:

aka The Developing Phase — At first, your design will appear a bright orange. Over the next **24–48 hours**, the stain will naturally deepen as it undergoes **OXIDATION**.

To achieve a **Mature Stain**—a rich, reddish-brown color—be sure to keep the area warm during this period.

MOISTURIZE:

After the initial 24 hours, gently moisturize your henna design with a natural oil like coconut oil, olive oil, or almond oil. Apply a thin layer 2-3 times a day.

HK AFTERCARE BALM moisturizes and helps deepen the stain.

EXFOLIATE GENTLY:

Once after ~1-2 weeks your henna starts to **fade naturally**, you can gently exfoliate the area with a washcloth to remove the remaining pigment.

TIPS FOR A LONG-LASTING HENNA STAIN:

- Keep the stained area warm.
- Avoid water for as long as possible.
- Minimize saunas, steam rooms, hot yoga, or jacuzzis
- Keep skin hydrated and moisturized
- Avoid **WATER** while the stain is developing.

USEFUL OTHER INFORMATION :

- Medications like acne treatments, Accutane) can affect your stain development.
- Skin type and body chemistry plays a big role.
- Aftercare is very important. Sleeping on your design — it may still transfer
- Getting wet, excessive sweating, or swimming
- Exfoliation
- Alcohol-based products — they accelerate fading

OPTIONAL ADD-ONS :

HK AFTERCARE TAPE

HK SEALANT SPRAY

HK AFTERCARE BALM